



United States
Department of
Agriculture

**MONTH-BY-MONTH.
DAY-BY-DAY.
FEEDING-
BY-FEEDING.**



**WIC
BREASTFEEDING
SUPPORT**

LEARN TOGETHER. GROW TOGETHER.

ICULTURE

**GET BREASTFEEDING HELP
WHEN YOU NEED IT FROM WIC.**

For more tips and support, visit WICBreastfeeding.fns.usda.gov

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program of the USDA, Food and Nutrition Service.

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