



United States  
Department of  
Agriculture

**FIND  
YOUR  
COMFORT  
ZONE.**



**WIC  
BREASTFEEDING  
SUPPORT**

*LEARN TOGETHER. GROW TOGETHER.*

ICULTURE

**TALK TO WIC ABOUT HOLDS,  
LATCHES, AND MILK SUPPLY.**

For more tips and support, visit [WICBreastfeeding.fns.usda.gov](http://WICBreastfeeding.fns.usda.gov)

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program of the USDA, Food and Nutrition Service.

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