



United States
Department of
Agriculture

**FIND
YOUR
COMFORT
ZONE.**



**WIC
BREASTFEEDING
SUPPORT**

LEARN TOGETHER. GROW TOGETHER.

ICULTURE

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program of the USDA, Food and Nutrition Service.

**TALK TO WIC ABOUT HOLDS,
LATCHES, AND MILK SUPPLY.**

For tips and support, visit WICBreastfeeding.fns.usda.gov

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